

ONE DAY MATER RETREAT
REGISTRATION

SATURDAY, JUNE 25, 2011

**MAIL REGISTRATION BY JUNE 4 WITH
CHECK PAYABLE TO DR. HART WEBER
P. O. BOX 905, SIERRA MADRE, CA 91025**

**YOU WILL RECEIVE FINAL CONFIRMATION
VIA EMAIL.**

NAME

ADDRESS

PHONE

EMAIL

__ ONE DAY RETREAT \$80

**ADDITIONAL OPTION OF OVERNIGHT STAY FOR
YOUR OWN PERSONAL RETREAT:**

__ FRIDAY NIGHT STAY ON YOUR OWN \$60

__ SATURDAY NIGHT ON YOUR OWN \$60

(NOTE: NO OTHER MEALS ARE PROVIDED AT THE
RETREAT CENTER BESIDES LUNCH AND DINNER
AT THE RETREAT ON SATURDAY.)

REGISTRATION BEGINS AT 9:00 A.M.
THE RETREAT WILL BEGIN AT 9:30 A.M.
THE RETREAT WILL CONCLUDE AT 9:00 P.M.

WE LOOK FORWARD TO BEING TOGETHER!

catherine.hartweber@verizon.net

OPPORTUNITIES AT THE RETREAT

- * Meeting other women facing similar situations
- * Sharing life stories
- * Quiet time in the beauty of nature
- * Meaningful praise and worship music
- * Laughter
- * Practical coping strategies
- * Making new friends
- * Experiencing God's presence
- * Wrestling with life questions
- * Learning new spiritual disciplines
- * Refreshing, renewal, growth

Mater Dolorosa
Passionist Retreat Center
700 N. Sunnyside Avenue
Sierra Madre, CA 91024



RETREAT



**STRENGTH FOR THE
JOURNEY
FACING LIFE TOGETHER
WITH GOD AND ONE ANOTHER**

Saturday, June 25, 2011

9:30 am to 9:00 pm

Mater Dolorosa

Sierra Madre, CA 91024

GETTING AWAY AND COMING TOGETHER

Are you longing for more intimacy in your relationship with God? Do you desire more depth and wholeness in your relationships with others?

Are you or is someone you love facing a difficult time in life - with cancer, grief, care-taking of a loved one, divorce, parenting, or chronic illness? Do you feel overwhelmed with the stress of everyday life?

If so, you may want to join other women in "coming away" for a weekend of renewal and sharing of life stories together.

This retreat will be held in the foothills of the beautiful Sierra Madre mountains. There will be opportunities to experience times of quiet reflection as well as to develop new friendships.

The retreat will be led by Dr. Beth Brokaw and Dr. Catherine Hart Weber, along with other women leaders with gifts in spiritual direction, counseling, and relationship building. The retreat leaders will teach biblical principles and share poignant as well as humorous stories from their life journeys as a way of encouraging others to connect with one another and with God.



Strength For The Journey Retreat

EVERYONE IS WELCOME

This retreat is open to women of all walks of life functioning in many different roles: leaders, patients, caretakers, students, working mothers, single career women, family homemakers, and retirees. If you or someone you love is facing stress, loss, cancer, or another difficult disease, you may find it particularly helpful.



WHAT TO EXPECT

The retreat will include large group presentations on various topics as well as contemplative spiritual exercises, singing, and small group sharing. On Saturday afternoon, there will be time for personal quiet time, reflection, and exploring nature. While people of all faith traditions are welcome, this retreat will focus on how participants can grow in their Christian faith even in the midst of challenges.

PURPOSE

The retreat is created to help each woman find strength, support, and encouragement for her particular life journey. It is our hope that each woman will become increasingly connected with our deeply loving God as well as with a broader "sisterhood" of caring believers.

RETREAT LEADERS

DR. BETH FLETCHER BROKAW is a Christian psychologist and adjunct professor integrating faith and psychology at Biola University. She is a wife and mother of a 18 year old daughter and 14 year old son. She has been battling cancer for 18 years.

DR. CATHERINE HART WEBER is a Christian therapist, author, and speaker on integrating faith and psychology. As well as being a wife and mother, she has published several books, and is currently writing a book on how to *Flourish*.

RETREAT FACILITATORS

LINDA ALLEMAN is a teacher, homeschooler, and mentor of young mothers. She enjoys creating beauty in lives and homes.

DR. JUDY BALSWICK is a therapist, author, and professor at Fuller School of Psychology. She enjoys mentoring women and leading retreats.

DR. SUE COOK JOSEPHSON is a clinical psychologist specializing in in-depth work with women. She also speaks at churches on deepening our relationship with God.

DEBBIE LINAMEN is a leader of women in both business and spiritual spheres of life. She enjoys mentoring and coaching women in spiritual growth as well as home decorating and organizing.

KATHY SCOTT-LEWIS is a Christian therapist, speaker, and retreat leader. She also enjoys leading others in appreciating God within the beauty of nature.

DR. CHERRY STEINMEIER is a clinical psychologist and psychology professor at Biola University. She enjoys teaching spiritual formation to students.

DR. THERESA CLEMENT TISDALE is a clinical psychologist and professor of graduate psychology at Azusa Pacific University. She also enjoys training others in spiritual direction as well as teaching internationally.

